## Wintervale Ranch Corporate Leadership Development & Teambuilding

Building Social-Emotional Intelligence, Visionary Leadership and Authentic Community through the Way of the Horse



Dr. Cynthia Hays, Licensed educator, Leadership Development, Organizational Development & Strategic Planning



### Workshops

Leadership	Skill building in
Development	Social-Emotional
	Intelligence,
	Embracing Change
	and Overcoming
	Challenges
Goal Setting	Priority-Setting
	Alignment
	Focus
	Strategy
	Action Planning
Teambuilding	Collaboration
	Connection,
	Synergy
	Creativity
	Boundary Setting
Communication	Clear Congruent
	Messages
	Tap the other 90% non-
	verbal communication,
	Develop Diplomacy
Performance	Continuous
	Improvement
	Strategic Planning
	Exceeding Goals

# For More Information: Cyndie@wintervaleranch.com

612.940-9288



Emotional Intelligence Is Linked to Performance.

Emotional intelligence is the single biggest predictor of performance in the workplace and the strongest driver of leadership and personal excellence. Decades of research now point to emotional intelligence as the critical factor that sets star performers apart from the rest of the pack.

Emotional intelligence affects how we manage behavior, navigate social complexities, and make personal decisions that achieve positive results. intelligent behaviors become habits. **Emotional Intelligence Can Be Developed**. Once you train your brain by repeatedly using new emotional intelligence strategies, emotionally intelligent behaviors become habits.

Of all the people we've studied at work, we've found that 90% of top performers are also high in emotional intelligence. These findings hold true for people in all industries, at all levels, in every region of the world.

Forbes Magazine 2014



Leadership & Organizational Development through The Way of the Horse The Power of the Herd Leadership skills have been successfully employed in corporate, non-profit, educational, counseling, parenting, equestrian, religious/ spiritual, social activism, and personal development contexts worldwide.

## Leadership Development Workshops are Custom-Designed and Offered in Multiple Day Formats

Learning Objectives include:

- Improve your emotional intelligence using simple and strategic tools
- · Gain the trust of others by understanding non-verbal messages
- Enhance decision making and relationship skills and increase the success of teams
- Increase results through embodied leadership and interpersonal effectiveness
- Develop each leader's style and unique contribution to the whole
- Create a sense of meaning and purpose at work
- Refine team goals and encourage team alignment
- Improve communication and coordination practices
- · Nourish creativity and new ways of thinking



#### **Effective Leaders**

To be effective, leaders must have a solid understanding of how their emotions and actions affect the people around them. The better a leader relates to and works with others, the more successful he or she will be.

Emotional Intelligence can be a key to success in your life and your career. The ability to manage people and relationships is very important in all leaders, so developing and using your Emotional Intelligence can be a good way to show others the leader inside of you.







Dr. Cynthia Hays, USA Ms. Dunia Morales, Guatemala

Equine-Assisted Leadership Development Change in the arena translates into change at the office.

We offer leadership development workshops and executive coaching, assisting individuals, teams and organizations to develop social- emotional intelligence skills that will be the key to enabling them to optimize personal, professional and organizational performance to achieve results.

## Cynthia Hays

Dr. Hays holds a doctorate in leadership development and has more than thirty years of experience in the fields of education, business, health, diversity, and consulting. She is certified in Equine-Assisted Leadership Development, strategic planning, organizational development, consensus building, diversity, integrative health, wellness and spirituality. Her greatest joy is bringing together her range of interests and expertise together in the world of equine assisted leadership development. It is absolutely magical when humans and horses come together to work on a challenge.

### **Dunia Morales**

With over 20 years as a entrepreneurial business owner and as a certified Equine-Assisted Leadership Development specialist, Dunia is uniquely qualified to bring these two worlds together to create a fun, rewarding and powerful learning experience. An accomplished executive with international business experience, she understands and faced the challenges of organizations and their leaders. Her proven programs use the special ability and the natural herd dynamics of horses to work through those challenges while fostering both professional and personal development.