

Winterville Ranch Emotional Intelligence & Teambuilding Retreat

+ Building Social-Emotional Intelligence, Visionary Leadership and Authentic Community through the Way of the Horse



For More Information:

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Teambuilding Themes

Leadership Development

- Social-Emotional Intelligence
- Embracing Change
- Overcoming Challenges

Goal Setting

- Priority-Setting & Alignment
- Focus & Strategy
- Action Planning

Teambuilding

- Collaboration & Connection
- Synergy
- Creativity
- Boundary Setting

Communication

- Clear Congruent Messages
- Optimize non-verbal communication
- Develop Diplomacy

Performance

- Continuous Improvement
- Strategic Planning
- Exceeding Goals



Emotional intelligence is the foundation for critical skills.

Forbes Magazine 2014

Emotional Intelligence is the Other Kind of Smart

Decades of research now point to emotional intelligence as the critical factor that sets star performers apart from the rest of the pack.

Emotional intelligence affects how we manage behavior, navigate social complexities, and make personal decisions that achieve positive results.

Emotional Intelligence Can Be Developed. Once you train your brain by repeatedly using new emotional intelligence strategies, emotionally intelligent behaviors become habits.

Of all the people we've studied at work, we've found that 90% of top performers are also high in emotional intelligence. These findings hold true for people in all industries, at all levels, in every region of the world.



Leadership, Teambuilding & Organizational Development through The Way of the Horse

The Power of the Herd leadership & teambuilding skills have been successfully employed in corporate, non-profit, educational, counseling, legal, parenting, equestrian, religious/spiritual, social activism, and personal development contexts worldwide.

Learning Objectives include:

- Improve your emotional intelligence using simple and strategic tools
- Gain the trust of others by understanding non-verbal messages
- Enhance decision making and relationship skills and increase the success of teams
- Increase results through embodied leadership and interpersonal effectiveness
- Develop each leader's style and unique contribution to the whole
- Create a sense of meaning and purpose at work
- Refine team goals and encourage team alignment
- Improve communication and coordination practices
- Nourish creativity and new ways of thinking



Optimize Results

Social-emotional intelligence is the foundation for a host of critical skills—it impacts most everything you say and do each day.

Emotional intelligence is the single biggest predictor of performance in the workplace and the strongest driver of leadership and personal excellence.



Strengthen your confidence, be authentic, empower yourself, broaden your vision, creativity and inspiration, honor your feelings, free yourself from your thoughts, enjoy the journey...



Cynthia Hays, Ed.D.

Dunia Morales

Dr. Hays holds a doctorate in leadership development and has more than thirty years of leadership and consulting experience in the fields of education, business, diversity, health and wellness. She is certified in Equine-Assisted Leadership Development, strategic planning, organizational development, consensus building/conflict resolution, diversity & inclusion, social justice, integrative health, wellness and spirituality. Her greatest joy is bringing together her range of interests and expertise to help individuals and teams accomplish their personal as well as professional goals to reach their highest aspirations

With over 20 years as a entrepreneurial business owner and as a certified Equine-Assisted Leadership Development specialist, Dunia is uniquely qualified to bring these two worlds together to create a fun, rewarding and powerful learning experience. An accomplished executive with international business experience, she understands and has faced the same kinds of challenges as her clients have faced. Her proven programs use the special abilities and natural herd dynamics of horses to help clients work through challenges while fostering greater synergy and teaming to deliver extraordinary results.

Equine-Assisted Leadership Development
Change in the arena translates into change at the office and in life.

Wintervale Ranch and C'Ubuntu offer leadership development workshops and executive coaching, assisting individuals, teams and organizations to develop social- emotional intelligence skills to optimize personal, professional and organizational performance for extraordinary results.