



BOSS MARE LEADERSHIP

SATURDAY AUGUST 26, 2017 9:30am - 4:30pm



Winterville Ranch is conveniently located just 50 miles southeast of MSP airport.

Reclaim Your Life

Re-Energize Your Body,
Refresh Your Spirit, and
Ignite Your Mind

Take time to refill your well of energy, practice radical self-love, liberate creativity and tap into your body's innate intuitive wisdom in this unique, equine-guided daylong workshop.

No previous horse experience necessary, all exercises are done on the ground.

The Magical Way of the Horse

If you allow them, horses can teach you to see grace and abundance in nature, how to breathe with it and fill yourself of light and powerful energy. Boss Mares help us discover a more balanced form of power while cultivating "freedom-through-relationship."



Boss Mare Leadership

is an **engaging workshop** designed to awaken and expand the ways in which you experience wholehearted living by tapping into your body's innate, intuitive wisdom and the power of the Divine Feminine that lives within. Unlock Your Most Powerful Presence!

Explore and learn how to:

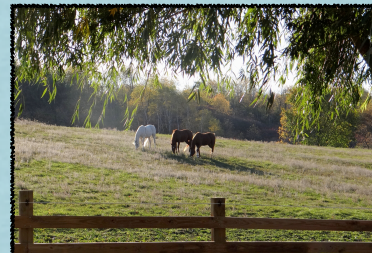
- Develop clarity of intention & Power of Presence
- Build emotional agility skills
- Practice Emotional Heroism-how to temper great passion, power, ambition, and fierceness with personal restraint, adaptability, equanimity, and empathy.
- Cultivate the courage to feel and willingness to act so you can live life from a larger perspective of what is possible for you
- Learn how to be graceful and compassionate under pressure.
- Embody Power & Presence



Dr. Cyndie Hays & Ms. Dunia Morales are Eponaquest instructors with a wealth of experience in business and education that informs their leadership development and executive coaching practices.



Enjoy a walking meditation
at Winterville's Forest
Garden Labyrinth.



Registration & Tuition \$275
To register, call Cyndie
612.940-9288 or email
cyndie@wintervaleranch.com
Registration includes lunch,
snacks and all materials.