

# 2017 TRANSFORMING THE HEALING ARTS WORKSHOP FOR MEDICAL PROFESSIONALS:

Building Social Intelligence, Visionary Leadership and Authentic Community  
through the Way of the Horse

August 30, 2017 10:00 a.m.- 4:00 p.m.



HORSE WISDOM FOR MEDICAL  
PROFESSIONALS - IMPROVING  
RESULTS FOR PATIENT &  
PRACTITIONER

## The Healing Power of Horses

The world of healthcare is becoming increasingly complex, defined by constant change, increasing expectations and competing demands. Many of these changes require greater inter-professional collaboration and enhanced communication. This workshop is specifically designed for healthcare professionals and anyone with

direct patient care responsibility. It is designed to help participants tap into the "other 90%" of nonverbal communication to increase awareness of leadership presence and subtleties of communication to improve provider-patient relationships and other professional interactions.



Equine-facilitated experiential workshops offer a powerful new professional development approach that combines the latest in human development & performance research with equine training and emotional intelligence principles to accelerate results-driven growth in individuals and teams.



Participants will:

- Become aware of subtleties of verbal and non-verbal communication
- Improve attention, mindfulness, and focusing abilities
- Become aware of congruency of intention versus behavior
- Identify and respect boundaries in ourselves and others
- Understand the message behind emotions
- Develop greater self-care to enhance ability to cope with stress and compassion fatigue
- Understanding the role that self-awareness serves in our interactions

No Previous Horse Experience Necessary. All exercises will be done on the ground.

## Transforming Healing Arts Workshop

**Date: August 30, 2017**

10:00 a.m.-4:00 p.m.

**Tuition: \$275** per person  
Includes lunch, beverages and  
all workshop materials.

### To Register:

please contact:

[Cyndie@wintervaleranch.com](mailto:Cyndie@wintervaleranch.com)

612.940-9288

Additional information and map  
will be sent with registration  
confirmation.

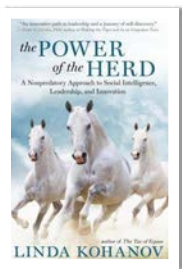
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~ THE POWER OF THE HERD ~

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Building Social Intelligence,  
Visionary Leadership and  
Authentic Community through  
the Way of the Horse

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## Inspired by Nature

At Wintervale Ranch and Retreat Center we offer a variety of experiential workshops and retreats in a setting that inspires and energizes. Enjoy!



CYNTHIA HAYS, ED.D.  
WORKSHOP FACILITATOR

### Professional Educator

Superintendent, Chief Academic Officer, Principal, Professional Development Specialist, Certified Equine Assisted Experiential Learning & Leadership Instructor (POH), Diversity Trainer

### Business Leader

Leadership and Organizational Development Consultant, Conflict Resolution, Consensus Building, TQM, Strategic Planning

### Integrative Health and Wellness Practitioner

Certified in Spirituality, Health & Healing, Energy Medicine, Reiki, Complementary & Alternative Health and Wellness



MS. DUNIA MORALES , POH  
WORKSHOP FACILITATOR

Dunia is an accomplished entrepreneurial business owner and CEO of C'Ubuntu, an Equine Guided Leadership and Learning Development company in Guatemala. She is also an Eponaquest approved instructor with a depth of experience in the transformative power of equine experiential leadership development. Her proven programs use the special abilities and natural herd dynamics of horses to help clients work through challenges while fostering greater synergy and teaming to deliver extraordinary results.



## WINTERVALE RANCH & RETREAT CENTER



WE ARE CONVENIENTLY LOCATED  
50 MINUTES SOUTHEAST OF THE  
MSP AIRPORT NEAR RIVER FALLS  
WISCONSIN.

A DETAILED MAP AND DIRECTIONS  
WILL BE INCLUDED IN YOUR  
REGISTRATION MATERIALS