

# The Shepherd's Way

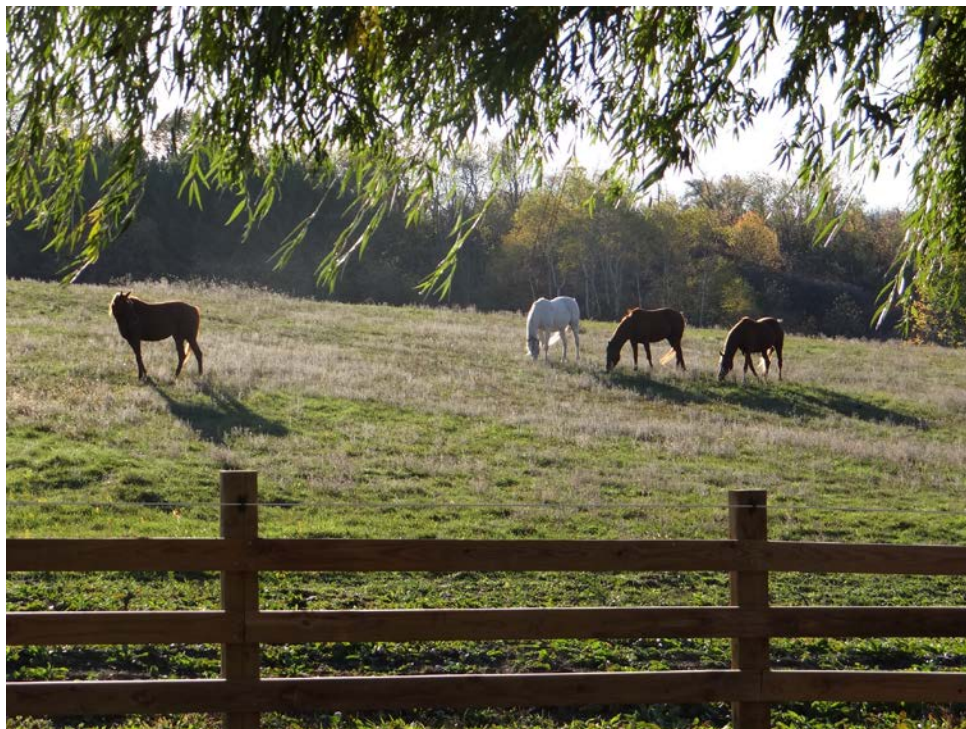
CREATING  
VISIONARY  
LEADERSHIP

BUILDING  
AUTHENTIC  
COMMUNITY

CULTIVATING  
MINDFULNESS

BUILDING  
SOCIAL-  
EMOTIONAL  
INTELLIGENCE

THROUGH THE  
WAY OF THE  
HORSE



## Tapping into Ancient Wisdom to Rejuvenate & Deepen Our Relationship to Faith, Service, Spirit, Community and Calling

### Who Should Attend?

This workshop is for anyone seeking a refreshing, innovative approach to the leadership and principles Jesus modeled two thousand years ago.

### What Will You Learn?

The Shepherd's Task provides useful skills for clergy, spiritual counselors and church members as well as people who are curious about Jesus' relevance to modern life.

This workshop offers practical techniques for improving communication, handling interpersonal challenges at home, work, church, school and in political/social activism contexts.

### We You will Learn How to:

- Build social-emotional intelligence skills to better navigate life's challenges
- Cultivate the soulful, heart-centered, incredibly effective, nonviolent form of power that Jesus modeled, in yourself, your staff, family,

congregation and community

- Learn to use emotions as information
- Help others manage fear and anxiety in times of significant change or competition
- Develop "emotional heroism," that unique combination of power and compassion, courage and self-control, accountability and forgiveness that Jesus introduced 2000 years ago

**No previous horse experience is required. No riding- all activities are done on the ground.**



**Tuition:** \$250 per person- includes box lunch, beverages, snacks and all materials. We accept credit cards\*, checks & Cash. (+\*service fee)

### To Register:

Please email [cyndie@wintevaleranch.com](mailto:cyndie@wintevaleranch.com) or call (612) 940-9288. Additional information, map and directions will be sent with registration confirmation.

### Facilitators:

Dr. Cynthia Hays, Ed.D., POH, and Ms. Dunia Morales, POH